

HEAT EXHAUSTION IN CATS

UNDERSTANDING THE SIGNS, PREVENTION, AND TREATMENT

As temperatures rise, it's essential to be aware that our feline companions are not immune to the effects of extreme heat. Cats, like humans and dogs, can suffer from heat-related issues, such as hyperthermia, which can lead to heat exhaustion and even heat stroke. This guide is designed to cover the signs to watch for, preventative measures, and appropriate treatment to ensure the well-being of our beloved pets.



RECOGNISING HEAT STROKE IN CATS



- 🐾 Restless behaviour and intense search for a cool area
- 🐾 Sweaty paws that feel damp or moist
- 🐾 Excessive grooming as a cooling attempt
- 🐾 Panting or dribbling indicating distress
- 🐾 Progression to heat exhaustion with additional symptoms
- 🐾 **Seek professional help and consult a vet for proper diagnosis and treatment**

KEEPING YOUR CAT COOL



- 🐾 Provide fresh and cool water in multiple locations
- 🐾 Create a cool indoor environment with curtains, fans, or air conditioning
- 🐾 Limit outdoor time during the hottest parts of the day
- 🐾 Promote airflow and ventilation through open windows
- 🐾 Offer cool surfaces or options for your cat to rest on
- 🐾 Consider pet-safe cooling products or mats

MANAGING HEAT STROKE IN CATS



- 🐾 Move your cat to a cool, shaded area indoors
- 🐾 Gently apply cool water to their coat with a damp cloth or sponge
- 🐾 Use a mist spray to dampen their coat gently
- 🐾 Use a cooling fan if tolerated to aid heat dissipation
- 🐾 Ensure access to plenty of drinking water
- 🐾 **Seek professional help and consult a vet for proper diagnosis and treatment**